



TENNIS NDG

5319. avenue Notre-Dame-de-Grâce
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May 20, 2020

In accordance with the recommendations of Tennis Canada and Tennis Quebec, the Notre-Dame-de-Grâce tennis club offers to implement the following sanitary and distancing measures for the start of the 2020 season.

- 1. Access to the club will be prohibited for anyone with flu-like symptoms, who has been in contact with someone who has had COVID-19 or who has gone abroad in the past 14 days.**
- 2. Only games in singles will be allowed at the club.**
- 3. No single or group training session or lesson will be allowed. No league or tournament will take place this season. All social activities such as the opening and closing parties are canceled.**
- 4. A container of disinfectant will be available outside the clubhouse and each player will be required to wash their hands upon arrival and departure from the club.**
- 5. Entry to the club will only be from the manor parking lot, and exit from the club will be on Décarie Street, to encourage one-way traffic.**
- 6. Access to the club will be limited to players only. No visitors will be admitted. Players must arrive on site with a maximum of 10 minutes early. They will have to wait outside the clubhouse, keeping a distance of two meters between each. They will also have to apply public health directives regarding the wearing of masks.**
- 7. The courts 1 and 3 will be used as a priority in order to maximize social distancing. Court 2 will only be used if more than 4 players are present at the same time.**
- 8. Players must bring and use their own clearly numbered or marked balls, with a maximum of one box of balls per player.**
- 9. Each player must remain on his court and avoid encroaching on neighboring courts.**



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- 10. Any ball accidentally thrown on another court must be returned without touching it, using the foot or the racket.**
- 11. Players will have to change sides clockwise.**
- 12. Players will need to bring their filled water bottle as the water fountain will be blocked.**
- 13. Players must leave the tennis club immediately after their playing period, via the exit on Décarie.**
- 14. The score markers will be removed from the courts.**
- 15. Access to the clubhouse will be restricted to the manager and his assistants. Only one employee will be on site at any time. They will read the CNSST document before the start of the season.**
- 16. Access to the toilet block will be minimal and reserved for emergencies. It will be cleaned and disinfected after each use.**
- 17. During opening hours, exterior doors will be left open to reduce contact.**
- 18. The club undertakes that the manager or one of his assistants is on site at all times to enforce sanitary measures. The employee on site will also have to take the obligatory telephone reservations, place the members' names on the reservation board and enter the players' names in the attendance register.**
- 19. Each employee must clean the clubhouse surfaces at the end of their shift or approximately every 4 hours.**
- 20. No chair or table will be available in the common areas. We will adjust as necessary based on the evolving situation and government health measures.**
- 21. Members will not be allowed to brush the courts or the lines. These tasks will be performed by our employees.**
- 22. These instructions will be posted next to the clubhouse door and each player will be required to read them before accessing the playing field. They will also**



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be sent by email before the start of the season and posted on our website <https://tennisndg.com/>. The collaboration of the members is non-negotiable. Failure to comply with the regulations may result in the player being expelled and even the subscription canceled.

- 23. A copy of the document GUIDELINES - RETURN TO THE GAME COVID-19, updated on May 11, 2020, will be available on site for consultation if more details concerning these sanitary measures are necessary.**
- 24. The Tennis Quebec document concerning recommendations for return to play (dated May 15, 2020) will be placed on the fence at the entrance and exit of the club.**

These measures will be in effect during phase 1 of the relaunch of sport, as decreed by the provincial government. They may be modified during subsequent relaunch phases.